

Annual Report

2023 - 2024



Pravaham

Bishop Ananda Rao Sumuel's Community for Peace and Justice

A Community
Which lives to enliven;
Receives to enable,
With God as its source,
Christ as its model,
And people as partners,

Vision

The vision of Pravaham is the realization of the full potential of the oppressed, the marginalized and the minority communities, leading to a world where all people live in peace and unity based on the recognition of the dignity and sacredness of human life.

The Mission of Pravaham

To educate, train and empower the Dalits, women and other marginalized sections of the society.

To stand in solidarity with the poor and the oppressed in their struggles for human dignity, social justice and freedom.

To strengthen the internalities of leaders and communities working for a more just and humane society.

To dialogue with and create fellowship of people from diverse fields for justice and peace.

To struggle with the poor, the oppressed and the dalits in various ways to provide for their basic needs in life.

Our Belief

Pravaham believes in the vision of the kingdom of God on earth.

Where love, compassion and righteousness prevail.

Where every individual is accepted, loved, respected and cherished as a person in the image of God, irrespective of caste, color, class, gender, ability and wealth or status.

Where there exists a seamless integration and unity across the spiritual and the material, manual and the intellectual, the private and the public.

Where prayer, service, sharing and simplicity guide our lives and relationships.

Board of Trustees

2023- 2024



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Pravaham

Pravaham means an “ever flowing stream”. It was initiated by the Rt. Rev. Ananda Rao Samuel, former Moderator and Bishop of the Church of South India, in 1993, with a vision of a community for Peace and Justice. Pravaham is located in Palamathi Hills in Venkatapuram, a village in the Timiri Panchayat in Vellore district, Tamil Nadu, South India. It offers programs in Education, Health, and Awareness to the rural Dalit and marginalized communities.

PROGRAMS

Community Education Program

This program provides opportunities to dropout students, particularly girls from Dalit and other marginalized communities in the villages, to get vocational training and gain employable skills. This is a one year residential program which is given free to the students.



Community Outreach Program

Pravaham reaches out to children, youth, women and senior citizens in local villages through this program. Health camps, relief distribution during natural calamities, awareness on health, education, child and women's rights are conducted in villages in Timiri Panchayath.



Community Education Program



20 year journey of Pravaham Community College 2004 to 2024

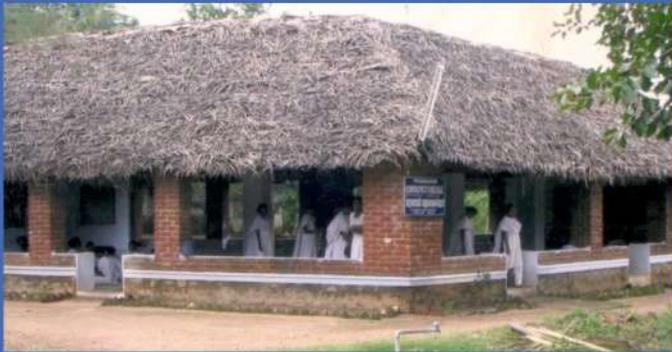
Pravaham Community College celebrates 20 years of empowering school dropout girls and women through vocational training, offering them new opportunities to get jobs and to stand on their own feet. Over the past two decades, the college helped many dropout students secure employment, contributing to the economic development of their families and communities.

Pravaham Community College began with humble beginnings, operating from a simple, thatched, wall-less classroom. Today, it stands as a modern institution with state-of-the-art facilities, including well-equipped classrooms, library, laboratory, an auditorium, and excellent hostel accommodation.

We extend our heartfelt gratitude to our generous donors whose unwavering support made this incredible journey possible.

Your kindness and belief in our mission have transformed countless lives, and we are forever grateful for the impact you've helped create. Without your contributions, none of this would have been possible. We are deeply grateful to God for using us as channels of blessing in this journey of transformation.

Infrastructure Development of Pravaham Community College from 2004 to 2024



Community College in - 2004



Class Room - 2007



Learning Resource Centre Phase I - 2014



Learning Resource Centre Phase II - 2015



Library - 2014



Nursing Lab - 2018



New Hostel - 2020

Twenty Batches of Students of PCC 2004 to 2024



2004-2005



2005-2006



2006-2007



2007-2008



2008-2009



2009-2010



2010-2011



2011-2012



2012-2013



2013-2014



2014-2015

The Graduation Ceremony for Class 2022-2023 (19th Batch)

Farewell to the Class of 2022-2023

The Academic year ended for the Class of 2022-23 on the 28th of July 2023. Students bid farewell to the staff, on the 26th July and thanked them for the care and love they received. Staff of Pravaham also gave a farewell party to the graduating students. Each student was given a memento which was sponsored by **Mr. Raju Lalwani and Mrs. Sonia Gurnamal**.



The Graduation Ceremony for Class 2022-2023 (19th Batch)

Graduation Ceremony for Class - 2022-23, (19th Batch) took place on the 2nd of September 2023. **Dr. Ravi Livingstone**, Head of Palliative care, Bangalore Baptist Hospital was the Chief Guest, and **Mr. Raju Lalwani and Mrs. Sonia Gurnamal**, Hongkong, were our Guests of Honour. **Rev. Dr. Xavier Alphonse**, Director of Indian Centre for Research and Development of Community Education (ICRDCE), **Dr. B. J. Prashantham**, Director of Christian Counselling Centre and Forty students received their certificates on that day. It was attended by the parents of our students and well-wishers of Pravaham.



Dr. Ravi Livingstone, & Mrs. Nisha Livingstone with other Guests



Graduates in procession



Students receiving certificates from Dr. B. J. Prashantham and Dr. Ravi Livingstone,



Class of 2022-2023

Campus Interviews and Placements

Recruitment of students for the jobs, took place on the 2nd and 16th September 2023. All the 40 students were placed as Health Assistants in 6 Health service organizations in Bangalore, Chennai and Vellore.



Newly recruited along with their parents at Amazing Love Home, Chennai.



at Bangalore Baptist Hospital, Bangalore.



at Advantage Elderly Care, Bangalore.



at Emmanuel Home, Chennai.



at Radiant Health Service, Chennai.



at Spring Valley, Vellore.

Admissions to the Academic Year 2023-24 (20th Batch)

Young school drop out women from marginalized communities were motivated to continue their studies and equip themselves after hearing the success stories of our old students. The impact of Pravaham's work has reached the neighboring states of **Karnataka, Kerala and Southern districts of Tamil Nadu** in the past year and students from other regions enrolled in the Program 47 students were enrolled for the Diploma in Health Assistant course for the Academic year,2023-24.

Inauguration of Class 2023-2024

Inauguration and the lamp lighting Ceremony of the 20th batch of Pravaham Community College students took place on the 2nd of September 2023. The senior students passed on the light to the 20th batch students, symbolizing the continuity of the mission of Pravaham. The new batch was dedicated by a prayer by Mr. Raju Lalwani.

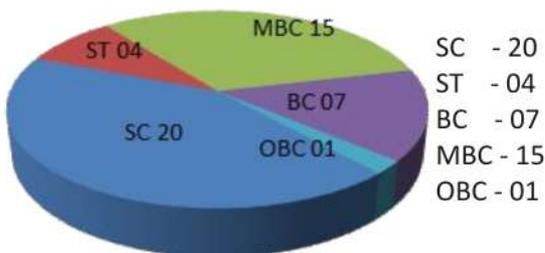


Prayer of dedication by Mr. Raju Lalwani

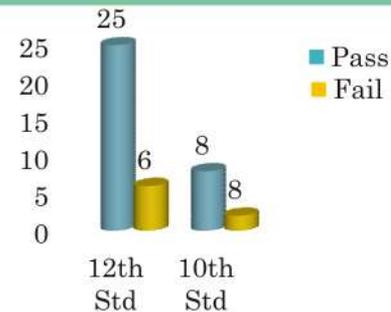


Passing of the light from senior students to Juniors

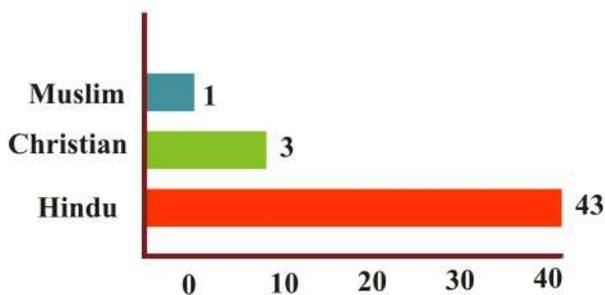
Student Profile of the Class - 2023 - 24.



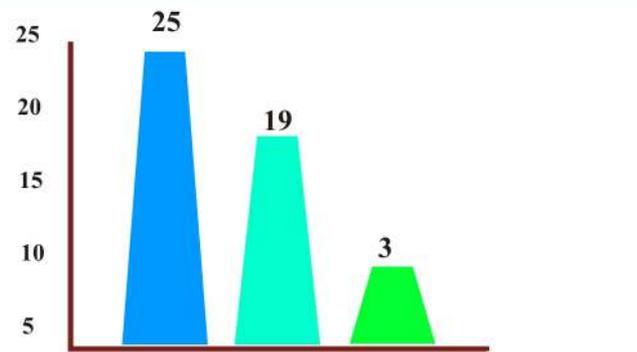
Caste Details



Educational Qualification



Religion



Income

Significant Events in the Academic Year 2023 -2024

Independence Day was celebrated with flag hoisting and cultural Program. Dr.N.Nirmal Magadalenal, M.Sc, Assistant Professor, Department of Zoology, Voorhees College, Vellore, hoisted the flag and gave an inspiring message to the students.

Dr.Sarosh Koshy, Area Executive of Southern Asia, Global Ministries graced the occasion and addressed the students.



Dr.N.Nirmal Magadalenal & Dr. Sarosh Koshy

Teachers' day was celebrated on the 5th of September. Mr.Manikandan, Manager of Chennai skills, participated in this celebration and honored our Teachers.

Students prepared a special entertainment program for them and expressed their gratitude to the their teachers.



Founder's Day was observed on the 30th of September 2023. Pravaham community remembered their founder Bishop Anandarao Samuel and other members who joined hands with the Founder to help establish Pravaham Trust. Dr. Jessie Lionel, Former Professor of Gynaecology, CMC, Vellore was the chief guest.



Dr. Jessie Lionel, Former Professor of Gynaecology, CMC.

Study tour to CMC Super speciality Hospital: On the 14th October 2023, students were taken to CMC main campus and to Ranipet CMC Super speciality Hospital to get to see the working of a Multi-speciality hospital. It was a great opportunity for the students to observe the functioning of one of the best Hospitals in India.



Mr. Durai Jasper, PRO, CMC Vellore , explaining the working of a Multi-speciality hospital

Workshop on the Care and protection of Eye and Eye sight, was organized on the 28th October, 2023 to observe World Eye Sight day. Ms. R. Vasthi Sonalini, Optometrist, CMC Eye Hospital Vellore was the resource person. The workshop was very interesting and informative to the students.



Ms.R.Vasthi Sonalini, Optometrist, CMC Vellore

Fire Safety Awareness Program: Mrs. R.Parimala Devi, Station Officer, Arcot Fire Station and her team visited Pravaham on the 3rd November 2023. They brought fire rescue vehicle to Pravaham and demonstrated the methods of fire rescue. Students learned to handle the fire fighting equipment in times of emergency.



Mrs. R. Parimala Devi, Station Officer, Arcot Fire & Rescue Station

Significant Events of 2023 -2024

Annual Cultural Day Program

Annual Cultural Day Program was conducted on the 20th December, 2023 along with Christmas program . **Rev. Dr. Manoj Chacko and Mrs. Ramabai Chacko**, Sydney, Australia were the Guests of Honor. Students, their parents and staff and families along with the village community attended the program. All the 48 students took part in the program.



Rev. Dr. Manoj Chacko and Mrs. Ramabai Chacko, and other dignitaries



Rev. Dr. Manoj Chacko address the students



Classical dance



Drama

Christmas Celebration



Candle Dance



Carol Singing



Distribution of gifts to staff and students

75th Republic Day was Celebrated on the 26th January 2024 Mr. C. Ravi, Co-ordinator, Pravaham Community College, hoisted the flag which was followed by a cultural Program.



Mr. C. Ravi, Co-ordinator, Pravaham Community College

Internship at CMC Rehabilitation Institute for four weeks from 5th February to 1st March 2024: Students gained good hands on experience in Nursing Skills during the Internship period.



Internship at CMC Rehabilitation

Cent percent Pass in NSDC Examination: we congratulate the 47 students and the Staff who trained them to achieve cent percent pass in National Skill development Exam conducted on the 25th and 26th March 2024.



NSDC Examination

Women's Day was Celebration at Pravaham on the 12th March 2024.



Women's Day Celebration at Pravaham

Nutrition Day

Nutrition Day was observed on the 29th June 2024. Students prepared many dishes from different food groups using different methods of cooking. They displayed them attractively explaining the nutrient content of the dishes. **Ms. Jasper Jayaseeli, Nutritionist, CMC,** was the Chief Guests. **Ms.Indhumathi, Tasildar, Timiri, Dr. Surekha, Dr.Mary Jacob and Dr. Rita Ruby** also visited the exhibition and appreciated the efforts taken by the students.



Pravaham gives opportunities to Tutors to upgrade their knowledge



Workshops on Healthy living for elderly with Diabetes , at CMC, on October 18th



Workshop on 'Nursing care of patients' at CMC on the 22nd of March,

Mrs. Jayashree and Mrs. Anitha Kumari, Nursing Tutors, attended workshops on Healthy living for elderly with Diabetes , at CMC, on October 18th , 2023 and workshop on 'Nursing care of patients after traumatic brain and Spinal cord injuries', conducted by Department of Neurology Nursing, College of Nursing, CMC, Vellore on the 22nd of March 2024



Mrs. Anitha Kumari, Tutor, was invited as a resource person to present a paper on '**Experience as a Life- Skill teacher** in a work shop conducted by the Indian Centre for Research and Development of Community Education, Chennai for a group of Trainers of Community Colleges in India on 4th October, 2023 and on 27th, July, 2024. She was also invited to share Life Skill teachers' experience to a Team of Community College teachers from Sri Lanka.

Staff conselling session and Retreat



Staff Conselling Session took place on the 23rd of July 2024. Mr. Herbert Samuel, former Director of Scripture Union helped the staff to connect with the vision of Pravaham and set goals to help create a purpose in their work.



Staff Retreat: Pravaham staff had a one day retreat on the 30th July, 2024. Bro.Viswanth, Counsler, conducted the retreat. He encouraged the staff to work in unity, forgetting their differences and following the foot steps of Jesus.

Extracurricular Activities

Excursion to Chennai

Excursion to Chennai and Mamallapuram on the 29th and 30th January 2024: The two day outing was exciting and fun filled for all the students 47 students. It was also an informative and learning experience for them. Students were thrilled to go on Metro Train and play in the beach. For many students it was the first trip to Chennai and first sight of sea and the seashore. Students enjoyed playing in sea water and were fascinated by the ancient culture at Mamallapuram.



Playing in the beach



At India Seashell Museum, Mamallapuram

Karate Classes

Karate classes were introduced to the students to help build self-defence, courage, confidence and improve their physical fitness. Classes were inaugurated on the 17th of May 2024. Smt. K.S.A. Saraswathy, Inspector of Police PEW, Ranipet, and Mr. K.Latchi, Sotuh Indian Chief Master were present for the inauguration. Students were very enthusiastic to learn karate. At the end of the 3 month course, they received certificate and yellow belt.



Sports Day

Sports day was conducted on the 27th of July 2024 for the students of the Class-2023-24. Students were divided into four teams and various games were conducted. Students took part with enthusiasm and team spirit. Staff of Pravaham also took part in some games and it was a great day of fun and frolic. Prizes were distributed to the winning team by Mr&Mrs.Samuel Manoranja and Mr&Mrs.Raja Peter.



Students enjoying the Sports

Campfire

Campfire and Sing Song Evening was organized for the students by Dr. Carol Devamani, Ms. Hima Ernest and Ms. Teresa on the 21st of October 2023. They taught the students English songs and had an evening of fun around camp fire.



Students enjoying the campfire

New Courses added to the curriculum of Community College

Autism Support Assistant course

Autism Support Assistant Course was introduced on the 5th April, 2024, as a three month add on course to train the students to support individuals with Autism and special needs. The course is given in affiliation with the Dept. of Developmental Pediatrics, Christian Medical College and Autism Residential Community, Vellore. An MOU was signed by Dr. Solomon Sathish, Principal, Christian Medical College, Mr. Pradeep Jayathilak, Director, ARC, and Ms. Lucy Shyamsundar, Director of Pravaham Community College on the day of the inauguration. Ten students were selected for this course. Theory and Practical training were given by CMC and ARC. Our grateful thanks to Dr. Samuel Ooman, Head of Developmental Pediatrics, CMC and Mr. Pradeep Jayathilak for initiating this venture.



Dr. Solomon Sathish, Principal, CMC
Mr. Pradeep Jayathilak, ARC
and Mrs. Lucy Shyamsundar



Ms. Swarna Joshua, Dr. Bina Koshy, Dr. Samuel Ooman, Mr. Pradeep Jayathilak,
Dr. Solomon, Ms. Rachel along with staff and students of Pravaham.



Resource support from the Dept. of Developmental Paediatrics, CMC & Autism Residential Community

Beautician Course

Beautician Course was offered to rural women and to our students who are interested to learn the skill and earn a living. As trained beauty services are limited in villages this training provides good self-employable skills to the rural women. The course was inaugurated on the 20th June 2024. Ms. Priya Rangaraj, Director, Lakme Salons, Vellore, was the Chief Guest. She encouraged the students to work with passion and practice the skill with commitment and discipline to be an efficient and smart worker.



Ms. Priya Rangaraj, Director, Lakme Salons, with Students and staff



Beautician Room

Volunteers' Services to Pravaham

Pravaham students are fortunate to learn from many resource persons who volunteer their services to Pravaham. This has enriched their knowledge and enabled them to have a broad understanding. We are grateful to each one of them for giving their time and resources to Pravaham.

Dr. Surekha .V, Professor of Geriatrics, **Ms. Teresa Gnana Kumari**, Nurse, **Mr.R.Earnest**, Physiotherapist, Dept of Geriatrics CMC Hospital, Vellore, took classes for the students on the 15th & 16th July 2023. They spoke on the general problems which arise in the elderly and how to care for them at Home.



Health check up was conducted for the staff by **Dr.Surekha.V**. CMCH, Vellore, on the 13th of July at Pravaham and for the students on the 22nd October 2023.**Dr.Surekha**, Health check-up for all students and staff. 28th April 2024. All Staff were also given thorough health check up on the 25th April 2024.



Dr. Surekha .V CMC, teaching the students and Conducting Health Check up

Health Talk on HIV and Personal hygiene was taken by **Mrs.Gifta Priya Manohari**, Senior Social Worker, Community Health Dept., CMC Hospital, on the 29th November.2024.



Mrs. Gifta Priya, Senior Social Worker, CMC.

Awareness on Dengue and Malaria, was given to the students by Mr. Samuel Fedrick, District Malaria Officer and Mr. Palani, Health Inspector on Dengue & Malaria on the 26th April 2024.



Awareness on Dengue and Malaria

Volunteers' Services to Pravaham

Mrs. Florence Prem kumar, Bangalore. took Spoken English Classes on 29th and 30th May and 25th and 26th June, 2024.



Basic Life support Classes Medical Intensive Care Unit, CMC Hospital took on 3rd June 2024.



First-Aid classes by Emergency Care Department, CMC Hospital, Vellore, on 15th June 2024.



Classes by Dr. Gladwin Khanpur, CMC, took Dental care and Hygiene class. 26th June, 2024.



Exit seminar was organized by Ms. Vasthi Sonali, on the 28th July 2024, on professionalism, integrity, compassion and empathy at work place. This seminar helped the students to prepare for work.



Volunteers' contribution to Pravaham

Life skill class on the topic "Breaking into Life" was taken by **Mr. Ebby Ashely** on the 20th July 2023. He gave a talk on how to face life's challenges with courage and confidence. Students were much encouraged through this seminar.



Mr. Ebby Ashely

Value Education Classes were taken every week by **Mr. Viswanath and Mr. John Ruben**. Moral values and Character building were instilled in the students through these classes.



Mr. Viswanath



Mr. John Ruban

Value education class was taken by **Ms. Josphine Mary Selva kumari**, Retd. Staff Nurse, CMC Hospital, on the 28th October 2023. she advised the students to be careful what they watch on social media as it influences their thoughts and actions.



Ms. Josphine Mary Selva kumari,

Counselling Class on how to face the challenges when they go out of the safe environment of Pravaham was given by **Mr. Herbert Samuel**, on 23rd July 2024. How to protect themselves and build their character to build a successful life.



World Mental Health Day was observed on the 13th October 2023. **Mr. Santhosh Clement** and **Mr. Ernest** Physiotherapist, CMC Vellore took sessions for the students on the topic 'Mental disorders, Signs and Symptoms.' They also taught them practical counselling techniques.



Memory improvement Skill Class, was taken by **Mr. Vasanth Joseph**, Educationist, Madurai, on the 27th Jan. 2024. He taught them the techniques using PEG method to increase the memory power of the students.



Seminar on Mental Health care: **Ms. Sonali Mondal**, Psychologist from Door step Mental Health Organization took two sessions on the importance of Mental Health and care on the 2nd July 2024.



Class on Gender Equality and Empowerment was taken by **Ms. Nancy**, Gender Specialist, Dept. of Social Welfare, Vellore. 7th July 2024.



"Pravaham moulded me to be disciplined, and confident to face the future".Jaya Rani (2022-23)



A.Jaya Rani 2022-23

"My name is Jaya Rani. I am 19 years old. I come from Tirumani Village near Vellore. I lost both my parents before I was 12 years old. I have one elder brother and two elder sisters. My brother went to work and supported family and sent all the 3 sisters to school. After passing 12th grade I wanted to go to college but my brother could not afford to send me. After few months my brother heard about Pravaham Community College from a girl in our village who completed her training at Pravaham and agreed to send me.

I received lot of love and care from all the staff and the students. I was very lazy before coming to Pravaham but after coming to Pravaham I learnt to be active and disciplined. I completed the course successfully and working now in Chennai.

I am now confident to face the future. I am also happy that I am no longer a burden to my brother's family. Pravaham has been a great blessing to my life and I thank God for this."

"Pravaham gave me a safe environment to stay and study.I am very happy that I am able to fulfill my mother's dream". Bhavani (2022-23)

"My name is Bhavani and I am 18 years old. I come from Pallipet village. I have one elder brother and one elder sister. My father is an alcoholic and spends all his earnings on drinking, which led to frequent fights between my parents. Despite this, my mother worked hard to take care of us and encouraged me to study. She wanted me to become a Nurse.

One day in a fit of anger and frustration, my mother committed suicide leaving us heartbroken. We children went through a very difficult time after my mother's death, there was often not enough food at home. In spite of these challenges, I managed to pass class 12 with good marks and desired to go to college, but my father refused to support me. I tried working as a sales girl in a shop, but the long and late-night hours made it difficult for me to continue. It was then that my mother's sister learned about Pravaham Community College and convinced my father to let me enrol, as it wouldn't cost him any money.

Studying at Pravaham changed my outlook on life. I received love and care, a safe environment to stay and study, good food, and also acquired skills to support myself. Now, I am working as a Nursing Aid in a senior citizens' Home in Chennai."



G. Bhavani 2022-23

Pravaham taught me discipline, fear of God and honesty which helped me to excel in my work Jeevitha's story

" I am Jeevitha, I am 19 years old. I have an elder brother and sister. My father died of heart attack. My mother and sister work as House maids and my brother works in a shop to support the family. I completed class 10 but my mother wanted me also to go for work. This upset me a lot, as I wanted to continue my studies . My cousin, an old student of Pravaham, told us about Pravaham and My mother agreed to send me because the training was given free.

I completed my course successfully in 2023. Pravaham helped me to get a job in a Health Service organization in Chennai. Pravaham taught me discipline, sincerity in work, honesty and fear of God which helped me to excel in my work place. I got 'Best Employer' Award last month. I was thrilled to get this recognition and I thank Pravaham for instilling these values in me. I am happy that I am able to help my family financially. We have repaired our house and we are able to lead a dignified life. I thank God and all who sponsored my education at Pravaham."



*V.Jeevitha receiving her certificate
2022 -23*

Unlocking my potential Pravaham empowered me to succeed." Divya.V's testimony



Divya.V

Divya is a cheerful 19 year old young girl who lost her mother and father at a young age. She grew up in a Christian orphanage in Vellore from the age of three years old. Divya is a slow learner and has stuttering problem. She failed in class 12 and couldn't study further. Her mentors brought her to Pravaham. Initially Divya was very shy and lacked confidence. Being with all the students and the love and care she received from all the staff at Pravaham gave her lot of encouragement. She slowly came out of her shell. Our committed

Turors taught her patiently and she learned Nursing skills and completed the course successfully. Today Divya is working in a Senior Citizen's Home in Chennai lighting up the lives of the inmates with her bright smile.

Divya says "I thank God for bringing me to Pravaham which gave me hope and brought out my talents. Now I have the confidence that I too can lead an independent life in spite of my disability."



***Taking care of a patient
2022-23***

"Pravaham gave me an opportunity to continue my studies". Dharani

Dharani is 17 years old. She is from a small village near Arani. Both her parents work as labourers in Brick making factory. Her parents leave home at 7pm in the night for work and come back only in the morning. She used to cook food for the family and then go to school. Life was hard for her. She says she did not feel safe at home in the nights when her parents went for work. Family had lot of debts too. In spite of all these problems she passed Class 12th but her parents did not have money to send her to college. Her friend's sister who studied at Pravaham told her about Pravaham Community College. In her words" I am so thankful for Pravaham for giving me this opportunity to study again. I am able to have three meals a day and sleep securely here. I want to complete this course and go for work and clear all our debts".



R.Dharani, 2023-24

Adream realized....

“I thought my dream will remain as a dream but Pravaham made it come true.” Ishwariya.



K. Ishwariya 2023-24

K. Ishwariya is 19 years old. She hails from a tribal family located in Jawadi Hills near Vellore. Her mother and father are migrant labourers working in the neighboring states of Kerala and Karnataka. Ishwariya has 3 siblings. She had to walk 4 km in the hilly terrain to go to the nearest bus stop. Her parents put her in a residential school for tribal children and she completed Class 12 with good marks. Though



she passed with good marks her parents were not in a position to send her to college. Her desire to pursue higher studies in Medical field were shattered. When she shared her plight with a social worker he guided her to Pravaham.

Seeing her desire to study higher, Pravaham helped her to apply to Nursing Colleges in Vellore. She got selected for the Diploma in General Nursing and midwifery course at Schiefflin Institute of Health -Research center, Karigiri .

Ishwariya says “I stayed in a hostel from my childhood but what I learnt in Pravaham is life changing. Initially I was very aloof and self-centered. Pravaham changed my attitude. I learnt to share and help other students who are struggling in their studies and this gave me great joy.

I have no words to express my thanks to Pravaham and to all who sponsored my studies at Pravaham, which changed the destiny and direction of my life.”

“Pravaham equipped me with skills and gave me the courage to face the challenges in life. ”Twenty-six-year-old Vasanthi is married with two children. Her husband works as a security guard and is the sole breadwinner of their joint family, which consists of eight people. They were struggling financially. Vasanthi also worked as a lady security guard but faced a lot of harassment and gender bias at her workplace, which forced her to leave the job.

At this point, she learned about Pravaham through a pastor. She enrolled in

the program and successfully completed the course. She also completed an additional course as an 'Autism Support Assistant.' She is currently employed at a school for children with special needs, earning Rs.10,000 per month. She says, “Pravaham equipped me with skills and gave me



M.Vasanthi, receiving a certificate

the courage to face the challenges in life. Light has come into my dark and desperate life.”



M.Vasanthi, 2023-24

Pravaham Community Outreach Program - Serving the rural community around

Pravaham reaches out to children, youth, women and senior citizens in local villages through this program. Health camps, awareness programs on health, educations, child and women's rights, environmental and personal hygiene, distribution of relief material during natural disasters are conducted in village in Vellore, Ranipet, Thiruvannamalai, Tirupattur districts.



Community Outreach Program



Senior Citizens' Support Program

Pravaham reaches out to Senior Citizens from two villages Venkatapuram and Thanakulum. On the last Saturday of every month they came to Pravaham to have a day of fellowship, entertainment, Health checkup, exercises and counselling followed by a sumptuous meal. They also play games like passing of the ball etc. Nursing Tutors visit their homes once a month and take care of their health needs.

No. of Beneficiaries - 35



Dr. V. Surekha, Mr. R. Ernest and Ms. Teresa, Dept,of Geriatrics, CMCH, give resource support to the Senior Citizens' Program



Dr. Carol Devamani giving a Health talk



Ms. Natsugi Ariyoshi, volunteer from Japan, giving Foot Care to Senior Citizens



Students entertaining the Senior Citizens.



Teaching Exercises



Playing 'passing the ball' game



Rangoli and Garland making Competition



Giving them card on Senior Citizen Day



Enjoying watching a Movie



Enjoying nutritious food at the end.

We thank all the Resource Persons for their contribution and support to Pravaham

Health & Environmental Awareness Programs

Health Awareness and Health Camps were organized in 20 villages. Blood Pressure and Random Blood Sugar levels were checked. Awareness was given on First- Aid procedures during snake bites, poison consumption, hanging and CPR. Villagers were made aware of the symptoms of Heart attacks, Diabetes and precautions to be taken to stop spreading of Eye infections. Ms. Selvi Dayalan, Ms. Anitha Kumari and Mr. Ravi. C, along with the students of Pravaham took part in the awareness program.

No. of beneficiaries :1306



Awareness Program on 'Benefits of Breast feeding' was conducted to mark the **World Breast Feeding day**, at Thimiri Primary Health Center, on Aug 8th 2023. Dr. M. Girija and Mrs. Jayashree were the resource persons.

No. of Beneficiaries - 80 Mothers



Checking BP and Blood sugar levels at Sathya colony, Thimiri 30th, Aug. 2023.



Awareness on Heart attacks and its symptoms at Varagurpattinam. 23rd Sept. 2023.



Nutrition & Health Awareness given at Kottavoor. 17th Nov. 2023.



Awareness on Diabetes at Vannathangal. on 17th Nov. 2023.



Cancer Averseness at Odagathur 17th, November. 2023.



Health Awareness given by Pravaaham Rotract Club at Jawadi Hills. 17th Nov. 2023.



Ranipet Dist. Collector, Smt.Valarmathi, at Venkaturam Village at Government conducted Jamabandhi on 14th Feb.2024.
No. of Beneficiaries: 45



At Labai krishnapuram , Baratharami and Allanganeri villages on 4th May 2024. Awareness on Emergency care during Heat strokes, First Aid and CPR procedures
No. of Beneficiaries : 103



At Unnai Pallathur and Appukal, Paratharami, Anaicut villages. Cancer Awareness Program 17th Feb 2024
No. of beneficiaries: 170



at At Mulluvadi, Arni, Mangamaram stop and Thamaraiykkam villages on Diabetes, Nutritional Disorders and CPR procedures. 11th May, 2024.
No. of Beneficiaries: 165



Medical camp at Pravaaham: Monthly clinics are conducted at Pravaaham on last week of every month. Dr. Daisy Singh and Dr. Pushpa Raj , are the visiting doctors check all the patients.
No. of beneficiaries: 35 to 50 every month.

Distribution of Relief Materials consisting of Rice, Dhal, Refined oil, washing and detergent soaps, to tribal families, belonging to -'Narikuravar' and 'Boom Boom mattukarvar' near Thimiri village was organized on the 30th August 2023. This event was sponsored by Mr.Raju Lalwani on the occasion of his 60th birthday.

No of Beneficiaries: 120



Environmental Awareness program on the 'Hazards of using low grade plastics and disposing it indiscriminately' was organized for the students of Venkatapuram Govt. School on the 25th August,2023 . Pravaham students and staff cleaned the streets and cleared the village of plastic waste, which was appreciated by all the villagers.

No. of beneficiaries 111.



Rural Children's Summer camp

Rural Children's summer camp was conducted for surrounding village children for 5 days from 24th to 29th April, 2024. Students were divided into four different age groups and Spoken English, Computer Application, Maths and Craft classes were conducted according to the age of the children. Short films and Puppet show were shown to instill moral values in children. Games and singing sessions were thoroughly enjoyed by the students. Snacks and lunch were provided for all the participants. At the end of the camp each child was given a gift. Children enjoyed it so much that they wanted us to extend it for one more week.

No. of beneficiaries: 86



Children showing their craft work



Value education classes through puppet shows



Maths Class



Spoken English Class



Basic Computer Class



Craft Class



Singing sessions



Sports Day



Nutritious Snacks & Lunch Served every day



All the children & the Volunteers on the last day of the Camp

Visitors to Pravaham

We thank all the friends who took time to come to Pravaham and share their valuable insights and experiences with the students and the community. Their visits always encourage and uplift us.



Dr. Renuka David, Managing Director, Radiant Medical Service, Chennai, 12th July, 2023



Dr. Sarosh Koshy, area Secretary, Southern Asia, Global ministries, 15th, August 2023.



Mr.Raju & Sonia Lalwani from Hong Kong, 1st Sept, 2023



Dr. Monica Melanchthon, Australia Sept 21st, 2023.



Mrs. Sandhiya, Revenue Inspector of Thimiri 30th Sept, 2023.



Nursing Students, Australia 16th Oct. 2023



Dr. George Thomas, Aluva, Kerala & Dr. B.J. Prashantham, 19th Oct, 2023.



Prof.Immanuel Jabaraj, Madurai, October 25th 2023.



Ms. Natsugi Ariyoshi, Japan, November 16th to 18th Dec, 2023



Mr. Amal Clarke, Melbourne, Australia, and Mr. William Paul, Chennai. November 21st 2023.



Mr.Raja Peters, Bangalore Mr. Ninan Varghese, Coimbatore December 3rd 2023.



Rev.Dr.Manoj Chacko and Mrs.Ramabai Chacko, Australia 20th December 2023

Visitors to Pravaham



The staff of the Department of family medicine, CMC headed by Dr. Gladwin Khanpur and Dr. Moses on the 9th December, 2023 presented an entertainment program for the students and gave gifts.

Special Meals and Gift Hampers to all the students and staff were sponsored by Mrs. Gayathri in memory of their uncle, Shri. R.K.Krishnamurthy, Trustee of TATA Trust, on his first death anniversary, on the 23rd, December, 2023.



Mr. Tim Jelliffe, Mrs. Asheetha Jelliffe and their sons Kavin and Rahul, Australia Dec 21st, 2023.

Rev. Armin Beck, Director of Christian Education Fund, Germany, and Mr. Echhard Sekell, Board member visited Pravaham 11th & 12th Jan. 2024



Dr. Dayalan Clarke, U.K.
Jan 17th 2024

A delegation of twenty newly recruited Community College Teachers from Sri Lanka, accompanied by the Director of ICRDCE visited Pravaham on 2nd March 2024.

Visitors to Pravaham



Mrs.Vasanthi, District Social Welfare Board & project officer, Thimiri Block, Ranipet Dist . 16th feb 2024.



Mr. Samanth and Mrs. Cindy Dawson along with their children **Asha and Ari** and **Mrs.Gita Dawson** , visited pravaham on the 2nd April, 2024.



Dr.Mary Jacob, Dr.Rita Ruby , Dr.Surekha. 28th June 2024.



Mr. M.Suresh District Revenue Officer (DRO). 17th April 2024.



Mr .Thomas and Mrs.Malarkodi Moffet, Mumbai, Dec 31st 2023

Former Students' visit Pravaham

Many of our Alumni visit Pravaham and interact with the students, and share their testimonies. Their visits always bring us joy and fulfilment.



Old students working in Bangalore Baptist Hospital gave a special song on the Graduation Day 2nd Sept. 2023.



Swetha.S - class of 2020-2021. 13th January 2024.



Keerthana.K, - class of 2021-22, 20th January 2024 .



T. Baby - class of 2021-22 9th March 2024.



Deepa.V and Sivagami.K, class of 2021-22, 1st April 2024



Abirami. A.-class of 2021-22, 24th May 2024



Mythili.K - class of 2021-22, donating to Pravaham . 29th May 2024

Infrastructure Development during the year 2023-24:

Renovation of old dormitory block

Old Dormitory built in 1995 with unbacked bricks was in a dilapidating condition. This was renovated into four double bedrooms with attached toilets. On 11th July 2024, this new block was dedicated to the memory of Rev. Philip Asirvatham former Member of Pravaham and Chaplin of CMC. Mrs. Pushpa Louise, daughter of Rev. Philip Asirvatham, opened the block.



Mrs. Pushpa Louise unveiling the Name plaque



Mr. V. Vijaya Kumar, saying a prayer before opening



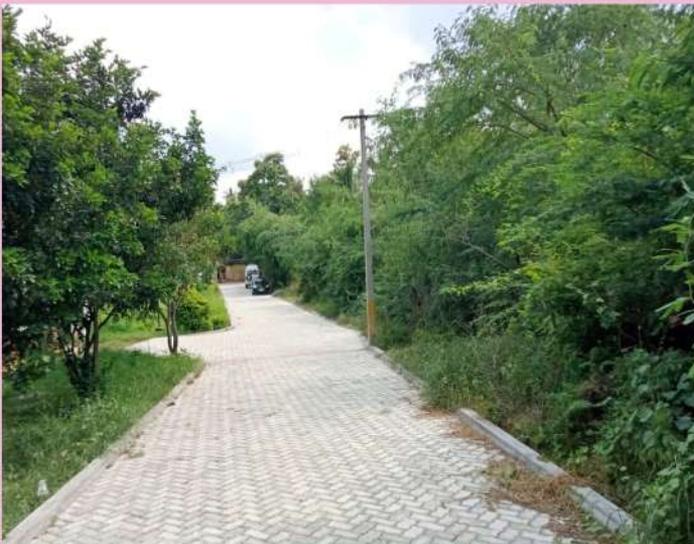
Honoring the Engineer Mr. Johnson Augustin,



Renovated Room

Laying of Road in the Campus

The approach Road to Pravaham Community College which was a mud road with potholes and uneven surface was laid with cement blocks. The work was completed by the end of March 2024.



Annaya Deepam' - a book on the life and ministry of Bishop Anandarao Samuel,

'Annaya Deepam' - is a Tamil translation of the book 'Burnt Offering' written by **Mrs. Priscilla Paul**, on the **life and ministry of Bishop Anandarao Samuel**, founder of Pravaham. This book was released on the 20th December, 2023 by **Mrs. Ramabai Chacko**. First copies of the book were given to **Ms. Pushpa Louise and Ms. Grace Pushpanathan**.

We are deeply grateful to Mrs. Priscilla Paul for translating the book in Tamil, which will enable Pravaham students to read and to know about the founder of Pravaham.



Remembering our Founder Bishop. Anandarao Samuel

A thanks giving service was held on 31st May 2024, on the occasion of the 25th anniversary of the Home Call of Bishop. Anandarao Samuel. Rev. J. Inbanathan, Senior Pastor, Elim Church, Vellore gave the message. He encouraged the students to emulate the qualities of forgiveness, humility, faith, and selfless service from the life of the Bishop. Rev. Isaac Jayakumar sang bishop's favourite song - 'Great is Thy faithfulness.'



Bishop's favourite Prayer

*I am no longer my own but Thine
Put me to what Thou wilt
Rank me to whom Thou wilt
Put me to doing
Put me to suffering
Let me be employed for Thee
Or laid aside for thee
Exalted for Thee or brought low for Thee
Let me be full
Let me be empty
Let me have all things
Let me have nothing
I freely and heartily give
All things for thy disposal.*



Financial Audit 2023-2004

PRAVAHAM
Venkatapuram Village, Via Kavanoor, Arcot Taluk, Vellore District - 632 507
LOCAL ACCOUNT

Income and Expenditure Account for the year ended 31st March 2024

2022-23 Amount in Rs.	Expenditure	Sch	2023-24 Amount in Rs.	2022-23 Amount in Rs.	Income	2023-24 Amount in Rs.
	V. Community Education Program	V		27,89,452.00	Donation	18,19,780.00
59,735.00	Skill Training Expenditure		-	11,58,005.00	Traning / Seminar / Workshop	8,69,875.00
20,016.00	College/Exam Fee, Study Materials/Uniform		80,840.00	27,287.00	Bank Interest	21,248.00
1,06,076.00	Food Expenses		73,653.00	-	FD Matured & Renewal Interest	22,695.00
71,582.00	Academic Expenses		1,16,253.00	30,179.00	Accured Interest on Fixed Deposit	13,955.00
1,06,287.00	Staff & Students Welfare/benefit Expenses		21,500.00			
31,893.00	Building Maintenance/Renovation/Electricity & Electrical		8,120.00	8,23,432.85	Excess of Expenditure over Income	13,56,527.18
18,685.00	Communication, Printing and Stationary		38,109.00			
39,969.00	Travel and Vehicle Fuel Expenses		32,365.00			
	VI. Community Outreach Program	VI				
34,172.00	Health and Social Awareness Programmes		47,316.00			
	VII. Training and Conference Centre	VII				
3,90,580.00	Program Staff Salary		98,550.00			
97,758.00	Maintenance Expenses		1,68,117.00			
1,01,653.00	Travel / Conveyance / Fuel expenses /		83,685.00			
5,20,300.00	Maintenance		3,11,483.00			
	Food Expenses					
12,20,198.00	VIII. Building, Renovation and Electrical	VIII	16,10,059.00			
	Maintenance work					
	IX. Infrastructure Development	IX				
8,22,500.00	Road in the Campus		-			

For PRAVAHAM TRUST
[Signature]
MANAGING TRUSTEE.



PRAVAHAM
Venkatapuram Village, Via Kavanoor, Arcot Taluk, Vellore District - 632 507
FOREIGN CONTRIBUTION ACCOUNT

Income and Expenditure Account for the year ended 31st March 2024

2022-23 Amount in Rs.	Expenditure	Sch	2023-24 Amount in Rs.	2022-23 Amount in Rs.	Income	2023-24 Amount in Rs.
	I. Community Education Program	I		61,90,022.22	Foreign Contribution Received	60,46,498.00
7,82,800.00	Skill Training Expenditure		10,77,450.00	22,380.00	Bank Interest	38,484.00
97,045.00	College/Exam Fee, Study Materials/Uniforms		4,43,892.00	-	FD Matured & Renewal Interest	30,026.00
9,81,886.00	Food Expenses		12,93,274.00	6,245.00	Accured Interest on Fixed Deposit	30,936.00
3,26,300.00	Hostel Expenses		3,39,000.00			
2,31,891.00	Academic Expenses		3,34,144.00			
1,61,451.00	Staff and Student's Welfare / Benefit		2,05,902.00			
2,19,122.00	Building Maintenance / Renovation/ Electricity & Electrical Maintenance		3,96,557.00			
70,101.00	Communication, Printing and Stationary		81,684.00			
73,156.00	Travel / Conveyance / Fuel Expenses / Maintenance		1,43,383.00			
	II. Community Outreach Program	II				
48,707.00	Health and Social Awareness Programmes		92,310.00			
1,22,500.00	Community Organizing Expenditure		1,33,000.00			
	III. Infrastructure Development	III				
5,22,700.00	Road in the Campus		8,41,000.00			
	IV. Administration Expenses	IV				
3,53,500.00	Staff Salary		1,45,000.00			
38,031.50	Communication, Web, Phone, Printing & Postage		28,976.00			
56,508.86	Accounting, Auditing & Bank Charges		60,347.76			
44,366.59	Other Admin Expenses		75,717.00			
4,13,081.08	Depreciation		4,10,313.19			
16,75,500.19	Excess of Income over Expenditure		43,994.05			
62,18,647.22	Total		61,45,944.00	62,18,647.22	Total	61,45,944.00

SCHEDULES I TO XII AND NOTES TO ACCOUNTS IN SCHEDULE XIII AND XIV FORM PART OF ACCOUNTS REFERRED TO IN MY REPORT OF EVEN DATE

For J S A S & Associates
Chartered Accountants

(Firm Registration Number: 0148595)
[Signature]
John Ravindran Moses
Partner (Membership Number: 028566)
UDIN: 24028566BKGTQV3488



For PRAVAHAM TRUST
[Signature]
MANAGING TRUSTEE.

Sincere thanks to our Donors

Institutions

Christian Education Fund, Germany.
Global Ministries, USA
ILCGH
M4 Safety Solutions LLC

Individual Donors

Mr.Aruldhass
Mrs.Amalanathan Sagayam Malarkodi
Mrs.Anita Coleman
Mrs.Anitha Panicker
Mrs.Arlene Senthilvel
Ms.Ashitha Chacko
Mrs.Anithakumari
Ms.Bavithra Baskar
Mrs.Beaula David Chandran
Mrs.Beaula Moses
Mr.Benedict.Venkatesan
Mr.Bijoy Panicker
Dr.Carol Susan Devamani
Mrs.Christie Jayakaran
Mr.Dayalan Clarke
Mrs.Deepika Flora
Dr.Eunice Selvaraj
Ms.P.A.Grace
Mr.Gideon Nicodemus.E
Mrs.Gita Dawson
Mr.Joseph Kemuel
Mrs.Kitty Paul Raj
Dr.Kripa

Mr.Manoj Chako
Mrs.Lucy Shyamsundar
Mr.I.P.P.Prabhakara Rao
Mr.Paul Asveen
Mrs.Pearl Vincent
Mrs.Preethika Dorothy
Mr.Raju Lakhi Lalwani
Mr.Raja Rhenius Peter
Mrs.Rumi Asveen
Mr.Rupert Anne Ruth
Mr.Samanth Dawson
Mr.Samuel Sumanth Valaparla
Ms.Sangeetha Dawson
Mrs.Sarika Benjamin
Dr.Selma Whitt
Ms.Shanti Ernest
Mrs.Shyam Sheela Rani
Mrs.Sireesha Namala
Mrs.Sugunakumari Joseph
Dr. Surekha
Mrs.Susan Muthu
Mrs.Susan Thomas
Mr.Susil Adam Seelan
Mr.Thomas Chandy
Mr.D.B.Thomas.
Mrs.G.Vasantha Vijayakumar
Mr.Victor Jayakaran
Mrs.Vasthi Sonalini Ravi
Mrs.Vineeti Vasundhra Louis

Old Students of Pravaham

Ms.Abinaya
Ms.Abirami
Ms.Akshaya
Ms.Amarahepsi
Ms.Archana
Ms.Arthi
Ms.Arunamary
Ms.Aswini
Ms.Baby
Ms.Bavani
Ms.Bhuvaneshwari
Ms.Deepika
Ms.Dhatchayani
Ms.Divya
Ms.Diya Singh
Ms.Elisha
Ms.Esther Rani
Ms.Ezhilarasi
Ms.Koteshwari
Ms.Kowsalya
Ms.Lakshmi
Ms.Monika
Ms.Mythili
Ms.Nirmala
Ms.Pavithra
Ms.Pavithra.K
Ms.Poornima
Ms.Radhika
Ms.Sasikala
Ms.Shalini
Ms.Sindhu priya
Ms.Suryabegam
Ms.Vanmathi
Ms.Vijayalakshmi

Pravaham Team



L to R First row Mrs.Suganthi Kanagaraj, Mr.C.Ravi, Mr. Shyam sundar, Mrs. Lucy Shyamsundar ,Mrs. Selvi Dayalan,
L to R second row : Mrs.P.Kowsalya, Mrs.Anitha Vijaykumar, Mrs. M. Jayashree
L to R third row : Mrs.Devakumari, Mrs. Rani.S ,
L to R last row : Mr. Gopi Mr.Ravi.J, Mr.Salomon.Y,

Trust Registration Number

-

Reg.No 247/93

Registered Office Address

-

**No. 297, Venkatapuram
Kavanoor Via
Arcot TK
Ranipet Dt - 632 507**

80 G Registration Number

-

AAATP8791PF20083

12A Registration Number

-

AAATP8791PE19962

Donations can be sent to:

Local Contributions

Pravaham

A/c no.10507878408

State bank of India

Vellore Branch (02203) Bagayam.

IFS code - SBIN0002203

Foreign Contributions

Pravaham

A/c No: 00000040109012846

State bank of India (New Delhi Main

Branch) Branch Code: 00691

IFSC Code :SBIN0000691

SWIFT Code: SBININBB104

Acknowledgments

I would like to begin by expressing my deepest gratitude to God Almighty whose guidance, provision, and unwavering love have made it possible for Pravaham to continue to serve the community. His divine wisdom has led us every step of the way, providing us with the strength and courage to persevere in our mission.

We extend our heartfelt gratitude to our Chairperson Fr. Aloysius Irudayam, to Mr.Yaseva, Mrs.Anne Rajkumar and Mrs. Annie Namala ,Trustees of Pravaham for their unwavering commitment, support and guidance to the Pravaham.

On behalf of the management of Pravaham I would like to express our heartfelt thanks to our overseas partners, Christian Education Fund, Kassel, Germany and Global Ministries, USA for partnering with Pravaham and extending their faithful support to the community education Program for the past 14 years.

Our special thanks to Friends of Pravaham in India , in the USA, UK, Australia and Hong Kong for their invaluable support, encouragement and generous donations to Pravaham. Contributions received from them have paved the way for transformative change and brighter future of the beneficiaries of the programs.

Our heartfelt thanks to all the volunteers who gave their time and knowledge, and whose selfless efforts, dedication and passion have enriched and uplifts our community.

Special thanks to our esteemed service partners who provide job opportunities to our students Advantage Elder care, Bangalore, Amazing Love Home, Padapai, Chennai, Bangalore Baptist Hospital, Bangalore, Emmanuel Home, Chennai, Spring Valley, Vellore & Radiant Health service, Chennai, our collaboration with them enhances our vocational training program, empowering the students to be financially secure.

Our sincere thanks to our Auditor Mr.John Ravindran and his team, for auditing our accounts and guiding us to comply with Income Tax and FCAR regulations.

Last but not the least, we are deeply grateful to the Team of Pravaham - Mr.C.Ravi, Mrs.M. Jayashree ,Mrs.Selvi Dayalan, Mrs.Anitha Vijaykumar, Mrs.P.Kowsalya, Mr.Salomon.Y, Mrs.Suganthi Kanagaraj, Mrs.Devakumari, Mr.Ravi.J, Mrs. Rani.S ,Mrs. Suguna, and Mr. Gopi for their sincere and dedicated service to Pravaham. Their commitment and willingness to walk an extra mile when needed enabled us to carry on the mission of Pravaham smoothly.



Our Partners

2023-2024



Indian Centre for Research and Development
of Community Education (ICRDCE)



N · S · D · C
National
Skill Development
Corporation

Transforming the skill landscape



Christian Counseling Center,
Vellore



Christian Medical College, Vellore



AMAZING
LOVE
HOME





PRAVAHAM

297, Venkatapuram,
Kavanoor Via, Arcot, Ranipet, Dist - 632 507
Contact : email pravahamcc@gmail.com
[www. Pravaham.org](http://www.Pravaham.org)